

362-2905  
#356  
July/Aug. 1983

PLEASE RETURN

# The Habit

SHELVED WITH  
PERIODICALS

ALCOHOL AND DRUG ABUSE DIVISION  
MONTANA DEPARTMENT OF INSTITUTIONS  
1539 11TH AVENUE, HELENA, MONTANA 59620  
(406) 449-2827

STATE DOCUMENTS COLLECTION

JULY/AUGUST, 1983

AUG 3 1 1983

## FY84 DISCRETIONARY FUNDING

MONTANA STATE LIBRARY  
1515 E. 21st AVE.  
HELENA, MONTANA 59620

The following is a FY84 listing by program, funded with discretionary funding.

Discretionary funding appropriate by the legislature was reduced from the FY83 level of \$672,781 to \$398,622, all of which is from Montana and Federal Block Grant. All Earmarked Funding formerly used for discretionary funding will now be allocated to counties.

| <u>Program</u>            | <u>FY83</u>  |              | <u>FY84</u>  |              | <u>No. of Clients</u> |
|---------------------------|--------------|--------------|--------------|--------------|-----------------------|
|                           | <u>Total</u> | <u>State</u> | <u>Total</u> | <u>State</u> |                       |
| Dist. II, Glendive        | \$166,513    | \$47,511     | \$172,502    | \$40,317     | 90                    |
| Dist. III, Miles City     | 155,651      | 34,449       | 154,033      | 20,549       | 90                    |
| Fort Belknap, Harlem      | 144,269      | 18,528       | 146,629      | 11,369       | 40                    |
| Medicine Pine Lodge       | 189,422      | 17,664       | 182,652      | 17,038       | 10                    |
| Hill Top Recovery, Havre  | 285,705      | 80,247       | 299,064      | 88,077       | *                     |
| Providence, Great Falls   | 224,113      | 99,120       | -0-          | -0-          | -0-                   |
| A/D Central MT, Lewistown | 77,705       | 18,244       | 79,142       | 12,289       | 50                    |
| Musselshell Co, Roundup   | 33,182       | 14,712       | 39,451       | 16,289       | 30                    |
| S.Cent.MH, Billings       | 124,881      | 44,965       | 113,915      | 27,244       | 80                    |
| Park/Meagher              | 74,229       | 30,834       | 76,979       | 25,892       | 70                    |
| Tri-County, Bozeman       | 181,300      | 35,287       | -0-          | -0-          | -0-                   |
| Butte Indian A/D          | 95,037       | 19,178       | 98,101       | 14,841       | 32                    |
| Anaconda/Deer Lodge Co.   | 55,942       | 22,489       | 57,085       | 17,477       | 30                    |
| Powell County             | 45,752       | 14,456       | 28,434       | 1,532        | 20                    |
| Boyd Andrew, Helena       | 238,555      | 63,659       | 228,371      | 47,582       | 80                    |
| Ravalli County, Hamilton  | 64,095       | 10,362       | -0-          | -0-          | -0-                   |
| RCDP/Mineral Co, Missoula | 15,625       | 4,410        | 18,087       | 5,611        | 10                    |
| Lincoln/Sanders Co, Libby | 135,638      | 60,173       | 141,738      | 52,515       | 110                   |
| Totals                    | 2,307,504    | 636,018      | 1,856,183    | 398,622      |                       |

\* Contract will pay for 1,825 Inpatient Bed Days

\* \* \* \* \*

Alcoholism, alcohol abuse and drug abuse cost society over \$65 billion each year. The cost attributed to alcoholism and alcohol abuse is \$49 billion and to drug abuse is \$16 million.

Of the total amount, \$65 billion is attributed to support of a treatment system; reduced employment and lost employment costs \$28.9 billion; motor vehicle crashes and crime accounts for over 7.8 billion; and the cost to social welfare programs is \$154 million.

The Federal Government spends over \$740 million each year to combat alcoholism and drug abuse. The state and local governments spend an additional \$700 million to treat and prevent the growth of alcoholism and drug abuse. These are the latest full year figures for which data is available (Federal FY80) and is in rounded dollars.

- ADPA

\* \* \* \* \*

## JOBS BILL FUNDING

RFPs (Requests for Proposals) have been sent by ADAD to state-approved programs serving designated high unemployment counties in Montana. The U.S. Department of Labor has identified the following twenty-one (21) counties in Montana with continual high unemployment above the state average:

### Eligible High Unemployment Counties:

|                           |                    |
|---------------------------|--------------------|
| Big Horn County           | Meagher County     |
| Blaine County             | Mineral County     |
| Broadwater County         | Missoula County    |
| Balance of Cascade County | Musselshell County |
| Deer Lodge County         | Park County        |
| Flathead County           | Powell County      |
| Glacier County            | Ravalli County     |
| Granite County            | Sanders County     |
| Jefferson County          | Silver Bow County  |
| Lake County               | Wibaux County      |
| Lincoln County            |                    |

Funding became available on March 24, 1983, when the President signed P.L. 98-8, the Jobs Bill, which makes appropriations to provide productive employment for jobless Americans. Included in this bill are additional appropriations for the Alcohol, Drug Abuse and Mental Health Services (ADMS) block grant. The additional amount for Montana alcohol and drug services for Fiscal Year 1984 is \$57,124. As per the provisions of the law, these funds were made available to Montana only after the Governor offered satisfactory assurance to the federal government that the state would use these funds in addition to, rather than in lieu of, existing federal or state funds already available for alcohol and drug services.

The Department of Institutions has been given authority to expend these funds in FY84 and also ensure compliance to the provisions of the Jobs Bill and the Governor's assurance to the federal government. These funds will be contracted by the department to existing state-approved chemical dependency programs for additional staff to provide additional counseling and services for unemployed chemical dependent people and/or family members.

ADAD will utilize its present competitive contract process to determine awards. Based on available funds only a limited number of contracts can be issued.

Applications are due at ADAD by Monday, August 15, 1983. Criteria used will be as follows:

- 1) Unemployment rates in counties served for 1982;
- 2) Unemployment ratio of clients admitted and discharged in 1982;
- 3) Adherence to instructions and completeness of Part I and II of the application packet.

Questions concerning the RFPs should be addressed to Robert Anderson or Darryl Bruno, Alcohol and Drug Abuse Division.

\* \* \* \* \*

A San Francisco park, renovated by a \$20,000 federal grant, has been set aside for public inebriates. A plaque honors "Winston Churchill, W. C. Fields, John Barrymore, Betty Ford and Dylan Thomas". Of course, no drugs are allowed.

- NADAP

\* \* \* \* \*

## CERTIFICATION -- TRAINING

### In-State Training Opportunities

#### 1. Effective Supervision and Management

Billings - Sheraton Hotel  
August 29-30, 1983      \$98  
Contact: Ashby Institute  
PO Box 4880  
Scottsdale, AZ 85261

#### 2. Women in Management

Helena - Coach House East  
August 24, 1983  
\$55 before 8/17, \$65 after 8/17  
Contact: Metamorphosis  
Box 9435  
Missoula, MT 59807

### Significant Changes Proposed in Certification Standards

The following certification rule changes will be effective sometime this fall if approved by the Administrative Rules Committee.

1. Applicants failing any examination three (3) times must wait one year before applying again for testing.
2. Oral examination scores will be based solely on replies to the questions and the applicants ability to communicate. Ten points from work experience or training areas will no longer be added to the oral examination score.
3. No certification fee is anticipated.
4. Persons entering the field for the first time in the state after July 1, 1982, will have one (1) year from the employment date to become certified.
5. Capacity grace period is changed from "one year" to "the next testing date."

Evaluation rules are being changed to incorporate the new "Chemical Dependency" term and to conform with certification changes.

### New Oral and Tape Examination Panel Members

Recently selected to serve are:

Rosalind Rose - Alcoholism Services of Gallatin County, Bozeman  
Pamela Muirheid - Boyd Andrew Service Center, Helena  
Leo Wells - Medicine Pine Lodge, Browning  
Lynn Ramsey - South Central Montana A/D Program, Billings  
Libby Artley - Missoula A/D Program, Missoula  
Jo Kaste - Boyd Andrew Service Center, Helena

Incumbents are:

Hazel Gum - Galen  
Jim McIntosh - Flathead Valley CDS, Kalispell  
Norma Boles - ADAD  
Mike Mahoney - ADAD

The new appointees replace Jo Acton, Ken Anderson and Dennis Maercklein whose terms have expired, and to provide two additional panels when needed.

Certification -- Training (con't)

Testing schedules through September 30, 1983, are as follows:

|                     |   |                               |
|---------------------|---|-------------------------------|
| Written Examination | - | August 17                     |
| Oral Examinations   | - | August 6, September 10        |
| Tape Reviews        | - | August 25-26, September 22-23 |

It is anticipated that one examination in each of the three areas will be presented each quarter through the remainder of the fiscal year.

Persons Certified Since the Last HABIT Publication

Ben Asencio - FRACAP, Ronan  
Norman Baxter - A/D Referral Center of Park County, Livingston  
Gwen Brott - District II, Glendive  
Dale Crosby - Providence, Great Falls  
Martin Dunn - Anaconda Drug Program  
Gary Gullickson - Bozeman Drug Program  
Kenneth Janicke - Lincoln County A/D Program, Libby  
Allison Krumm - Formerly District II, Sidney  
Mark Oskendahl - Rimrock, Billings  
Jack Pollari - District II, Glendive  
Odin Vick - Missoula A/D Program  
Florence Cole - Ft. Belknap A/D, Harlem  
Caryl Collins - MT Deaconess Medical Center CDU, Great Falls  
Norbert Dupuis - FRACAP, Ronan  
Marliss Johnson - District I, Plentywood  
Ronada McLarnon - Helena  
Harold Schutt - Providence, Great Falls  
Richard Tolon - Comp Care, Butte  
Judy Williams - Helena  
Stephen King - Shodair Adolescent CDU, Helena  
Carol Ferguson - Helena  
Raymond Covington - FRACAP, Ronan  
Roger Baker - Powell County A/D, Deer Lodge  
Cathi Shortman - FRACAP, Ronan  
Bill Winn - Ravalli County CDS, Hamilton  
Anita Mahkuk - Ronan  
Denise Fyant - FRACAP, Ronan  
Jerry Williams - Boyd Andrew Service Center, Helena  
Bertha Chvilicek - Lincoln County A/D, Libby  
Charles Bear - Ft. Belknap A/D, Harlem  
Lorraine Spenk, Glasgow CDC, Glasgow  
Ron Hofferber - Rimrock, Billings  
Diana Bjorgen - Shodair Adolescent CDU, Helena  
Lorrin Walker - Big Horn County A/D, Hardin  
Ron Gersack - District III, Miles City  
Roger Holt - Helena  
Judy Dockter - Boyd Andrew Service Center, Helena  
Donna Stamm - Sanders County A/D, Plains  
Nancy Lund - District I, Scobey  
Lloyd Sisk - Deaconess Medical Center CDU, Great Falls  
Roger Curtiss - District III, Miles City  
Ralph Belobraidic - District III, Miles City  
Noreen Love - District III, Miles City  
Marcia Armstrong - Shodair Adolescent CDU, Helena  
James Farrell - Shodair Adolescent CDU, Helena  
Thomas Tolmie - Deaconess Medical Center CDU, Great Falls  
Vera Carey - Conrad  
Kathy Curtiss - Miles City  
Lorraine Owens - Medicine Pine Lodge, Browning  
Leo Wells - Medicine Pine Lodge, Browning  
Katherine Voakes - Glasgow CDC

\* \* \* \* \*

## NEW NIAAA DIRECTOR APPOINTED

Secretary of Health and Human Services Margaret Heckler announced the appointment of Robert G. Niven, MD, as director of the National Institute on Alcohol Abuse and Alcoholism.

Dr. Niven leaves his responsibilities as director of the Mayo Clinic's Adolescent Alcohol and Drug Abuse Service in Rochester, Minnesota, a comprehensive treatment program for families of children with alcohol or drug-related problems to take up this broader challenge.

"Dr. Niven's years of experience in assessing and treating a wide variety of alcohol and drug problems, and in training practitioners to treat alcoholism, will be of great benefit to the national program." Mrs. Heckler said. "His first-hand knowledge of adolescent drinking problems and the dynamics of family interaction in treatment and prevention adds a thrust and an important dimension to our drive against the tragedy of teen-age alcohol abuse. Alcohol-related traffic fatalities are the leading cause of death among our young people."

NIAAA, a part of the department's Alcohol, Drug Abuse, and Mental Health Administration, spearheads the federal effort to combat harmful use of alcohol through research, research training, data collection, technical assistance to the fields and a variety of prevention activities. The current institute budget is \$44.1 million.

At the Mayo Clinic, Dr. Niven also served as consultant to the clinic's alcohol and drug dependence unit, and as coordinator and teacher for the Mayo Medical School Alcohol and Drug Abuse Teaching Program.

He has served on several Minnesota state committees concerned with alcohol and drug abuse, including the Minnesota State Medical Association and Chemical Dependency Committee; the Minnesota State Medical Association Impaired Physician Committee; and the Governor's Task Force on Alcohol and Drug Abuse. He also served as chairman of the Minnesota State Psychiatrist Society Chemical Dependence Committee.

Dr. Niven was born and educated in Canada. He is a board certified psychiatrist with previous medical experience as a family practitioner.

\* \* \* \* \*

In 1980, teenage drivers were involved in 1 out of every 5 crashes that were fatal to those 15-19 years old.

Almost 60 percent of fatally injured teenage drivers had alcohol in their blood systems prior to their crash, with 43 percent at legally intoxicating levels.

Fourteen teenagers die each day in drunk driver accidents. An additional 360 teenagers are injured each day in alcohol related crashes.

Alcohol involvement in fatal teenage collisions is at least three times greater at night (8pm to 4am) than it is during the day (4am to 8pm).

Although teenagers comprise only 8 percent of the population and account for only 6 percent of the vehicle miles travelled in this country, they add up to at least 15 percent of all drunk drivers in collisions.

Of 330 children born today in the US (about the size of a small grade school), one will die and four will sustain serious or crippling injuries in an alcohol related crash before they reach the age of 24.

The Surgeon General has reported that life expectancy has improved in the US over the past 75 years for every age group except the 15-24 year old American, whose death rate is higher today than it was 20 years ago. The leading cause of death for this age group is drunk driving.

- ADPA, US Dept. of Transportation

\* \* \* \* \*

## NEIGHBOR TO NEIGHBOR

Starting with the fall issue of "THE HABIT" we plan to begin a new column featuring a mini-biography on a certified counselor, administrator or prevention educator from each region. If you know of a person with unique skills, hobby, or just deserving of and about time they received some peer recognition, let us know. Send your nomination to "THE HABIT" or list on the survey form under comments on the last page of this issue. We would also like to feature and recognize programs doing special or different things, projects or just doing regular things like helping alcoholics and their families get well.

\* \* \* \* \*

## STAFF CHANGES

Joan Rutledge, planner and writer with the Division has given up the excitement and challenge of the bureaucracy and returned to the quiet staid life of a college student. We wish her well and an "A" on every paper.

Mike Murray has taken a new position with ADAD. We also wish him well and funding for any grant he writes.

\* \* \* \* \*

## MOVIE TIME

The Alcohol and Drug Abuse Division has recently purchased two films that will be available for scheduling from the State Film Library, Department of Health and Environmental Sciences, Cogswell Building, Helena, MT 59620 (449-3444), in August 1983. Both new films were purchased through funding from the Highway Traffic Safety Division, Department of Justice.

### The Enablers

By Johnston Institute

An excellent film for anyone that may be involved in an intervention with a chemically dependent person. A very realistic portrait of a family impacted by a chemical dependent parent and the roles family members and friends assume to "help" this individual.

I would highly recommend this film to all the programs as a tool to be utilized in the education and planning stage of a proposed intervention.

### Story About Feelings

By Johnston Institute

Story done in cartoon format is geared toward first to sixth grades. The major theme is identification of drinking behaviors by children that may be impacted by an alcoholic environment. This is accomplished in a non-threatening fashion that allows children to identify with situations which have been confusing and anxiety provoking for them. Unfortunately, the films leaves its audience hanging when identifying appropriate resources. This may prove more frustrating and frightening than the problem itself. The film, therefore, should be presented by a state certified prevention/education specialist or chemical dependency counselor.

\* \* \* \* \*



## GULF + WESTERN PREVENTION GRANTS

Approximately \$500,000 in grants will be awarded by Gulf + Western Foundation in 1984 to assist alcohol and drug abuse educational programs for youths. The Foundation's Award Program was set up to support projects that successfully demonstrate new concepts of public service and to expand their outreach.

Only projects with demonstrated effectiveness in a pilot phase in the prevention or cure of alcohol and drug abuse among young people, with potential to become self-sustaining or to expand -- either geographically or in the number of clients -- will be considered. An advisory committee, which will select the winners, will give priority to programs requiring relatively modest amounts of new funding, public or private, and to those maximizing use of volunteers.

The Foundation is seeking proposals for public school systems, private school and other tax-exempt agencies working in the field, but will not consider ones for the support of half-way houses or other residential treatment programs. The deadline for mailing or hand-delivery of preliminary proposals, which must be not more than five double-spaced pages, is October 3, 1983. Awards will be announced in June 1984.

### Procedures for Applying

The Foundation requests preliminary proposals of no more than five double-spaced pages. Deadline for mailing or hand-delivery to the Foundation is October 3, 1983. It is suggested that mailings close to the deadline be sent by registered mail, return receipt requested, so that there is evidence of the time of mailing.

Proposals need not be presented in any particular format, but within the five-page limitation at least the following should be covered:

1. Description of the project, brief narrative statement of its development and funding to date.
2. Summary of any recent evaluations or assessments of the pilot phase, whether internal or external.
3. Future plans for continuity and/or expansion, if grant is awarded.
4. Description of sponsoring agency or agencies.
5. Brief vitae of leadership.
6. Significant differences from other similar projects, if any.
7. How the program might expect to attract future funding if the proposed grant were made.
8. Dollar amount of grant requested.

Please do not include appendices, endorsement letters or other attachments in preliminary proposals. Also, do not include detailed budget projections or job descriptions with the proposal. In November, sponsors of up to twenty of the most promising proposals will be requested to present detailed grant applications which will include program objectives, plans and budgets. Finalists will be selected from this group and site visits will be arranged. Awards will be announced in June 1984.

Proposals should be sent to: David F. Freeman, Executive Secretary, Major Awards Program, Gulf + Western Foundation, 1 Gulf + Western Plaza, New York, NY 10023.

\* \* \* \* \*

## ITS A FACT

ADAD will be kicking off a prevention campaign in September to reduce marijuana use among the youth of our state. The National Institute on Drug Abuse has developed a marijuana information campaign directed to youngsters 11-13 years old and teenage drivers.

A recent national household survey indicates that 8% of 12-13 year olds have used marijuana; by age 14 the rate is 32%. Another significant change occurs when teenagers begin to drive, thereby increasing their opportunity for independent behavior. An increasing number of vehicular accidents have occurred among teenagers who were using marijuana at the time of the accident.

The objective of this campaign is to prevent marijuana use by youngsters who are in these key transition periods. Implementation of this campaign will be through public service announcements and printed material. Both radio and TV announcements have three separate scenarios; "Lockerroom", "Driving", and "Comments". At the end of each announcement will be the statement: For more facts write to ADAD and name/local community program.

These announcements will be distributed to communities and programs in September with ADAD tags in place. It will be the responsibility of the local program to include their own.

Distributed to community programs along with this PSA will be several copies of a 12 page booklet entitled "For Kids Only: What You Should Know About Marijuana".

We would like to see all programs get this PSA on radio and TV at the same time and hopefully will be able to influence the TV and radio stations into announcement times that are most appropriate for these age groups.

\* \* \* \* \*

## HHS SPONSORS CONTEST FOR LOCAL HEALTH PROJECTS

Local projects which promote such healthy practices as reduced alcohol and drug use are invited to compete in the new HHS Secretary's Community Health Promotion Award Program.

The competition will be held on an annual basis to stimulate greater involvement in health promotion programs by voluntary and professional organizations, community groups, and public agencies.

The awards will recognize outstanding community programs aimed at achieving the goals set forth in the 1980 HHS publication "Promoting Health/Preventing Disease: Objectives for the Nation." In addition to reduced alcohol and drug use, the goals include smoking cessation, advanced exercise and fitness, improved nutrition, and effective use of preventive health services.

The award program "is an example of the Federal Government's commitment to a top national priority: health promotion," said Secretary Margaret Heckler.

Agencies or groups wishing to enter the competition may apply to their State or Territorial health agencies. Each State and Territory may submit up to five exemplary projects as nominees.

A national selection committee will review the nominated projects to identify candidates for the Secretary's Award for Outstanding Achievement in Community Health Promotion. Secretary Heckler will announce the award winners on or around December 1.

The deadline for submitting entries for the national competition is October 1. For further information, contact Dr. Martha Hargraves at the Centers for Disease Control, (404) 329-3452.

\* \* \* \* \*



## NEWSLETTER READER SURVEY

In order for us to continue to send you this newsletter, we must know it has value to you. In order to receive future copies, complete the following questionnaire and return to the Alcohol and Drug Abuse Division no later than September 20, 1983.

1. How do you find the articles?

☐ Too Technical

☐ About Right

☐ Too General

☐ \_\_\_\_\_

2. How many times should the newsletter be published each year?

☐ Monthly

☐ Semi-Annually

☐ Bi-Monthly

☐ \_\_\_\_\_

☐ Quarterly

3. Are there any special subjects you would like to see presented?  
If so, briefly explain below.

4. Do you wish to receive future issues of the newsletter?

☐ Yes

☐ No

5. Do you know someone who would be interested in receiving the newsletter? Please provide that person's name and address below.

\_\_\_\_\_  
\_\_\_\_\_

6. Survey Respondent:

Name \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_

COMMENTS:

475 copies of this publication were produced at a unit cost of \$0.1073 per copy for a total cost of \$93.07 which includes \$50.95 for printing and \$42.12 for distribution.

Return Postage Guaranteed  
by ADAD, 1539 11th Ave.  
Helena, MT 59620

Bulk Rate  
U.S. Postage  
P A I D  
Permit No. 89  
Helena, MT